



TIGER TRACKS

The Joliet West Girls' Cross Country Newsletter—For all Your Lady Tiger News!

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2015 Regional Meet

The 2015 Regional cross country meet was held at Tinley Park's beautiful Turtle Head Lake forest preserve on October 24th. The meet was hosted by Andrew High School. The Tigers placed 3rd with 79 points, just behind Lincoln-Way North who scored 67 points. The Regional champion title went to Lincoln-Way East with 28 points. Highlights from the race were Maddie Blaauw's(18:56) first place finish, which earned the title Regional Champion. Kiersten Perry(19:20) earned an all Regional title coming in at 4th place. Bella Betlejeski(21:03) and Jessica Newby(21:09) stepped up for the Tigers with a tough performance. Senior Courtney Rubino(21:40) ran her last race of her high school career, which was a great farewell performance. Marina Rico (21:54) and Pamela Sanchez(21:39) also ran for the Tigers at the regional meet. The girls earned the privilege of running another week by qualifying for the 2015 Sectional meet next weekend in Normal.



Maddie Blaauw and Kiersten Perry with their all Regional medals.



Tiger Top 12

The top 12 runners for the 2015 girls cross country post season included: Maddie Blaauw, Kiersten Perry, Bella Betlejeski, Marina Rico, Pamela Sanchez, Jessica Newby, Courtney Rubino, Marissa Baugh, Izzy Bohanek, Madasen Kasprisin, Ariana Short and Charlotte Youell. These ladies worked hard over the past several months in order to earn a spot as a top 12 runner for the team.

"You have to wonder at times what you're doing out there. Over the years, I've given myself a thousand reasons to keep running, but it always comes back to where it started. It comes down to self-satisfaction and a sense of achievement." - Steve Prefontaine

