

## **TIGER TRACKS**

The Joliet West Girls' Cross Country Newsletter—For all Your Lady Tiger News!

Volume 1 Issue 7

## **Tigers Take Flight**

This past weekend the Tigers ran at the Wheaton North Classic Flight Race. The girls faced some of the toughest competition in the state of Illinois. This meet is unlike any other event on the schedule because of the unique flight set-up. The day started with the Junior/Senior open. The girls ran well and earned many personal records. The seven flight races came next. Each of the top seven girls ran their own race and did not have the familiarity of their teammates next to them in their starting box. Senior Rubino(21:43) started the flight races in spot seven followed by Sophomore Madasen(21:51). Flight five was raced by Baugh(20:22), who beat her personal record by almost an entire minute, Sanchez(20:46) competed in flight four. In the next three flight Tigers Youell(18:24), Perry(18:43) and Blaauw(17:50) medaled by finishing in the top 15 for their race. The last race of the day, Freshman/ Sophomore Open, ended on a great note with many impressive races. Sophomores Rico(20:14), Newby(20:37) Bohanek (21:04) and Short(21:22), along with Freshman Betlejeski (20:18) all placed in the race. All in all it was a great day to be a Tiger.







