



TIGER TRACKS

The Joliet West Girls' Cross Country Newsletter—For all Your Lady Tiger News!

Volume 1 Issue 13

2015 State Meet

On Friday, November 6th the trip to the 2015 State Cross Country finals began. Maddie Blaauw, Kiersten Perry, Jessica Newby and Bella Betlejeski, along with Coach Almon and Coach Halusek made the two hour drive to Detweiller Park in Peoria, IL. The first stop was at the course in order to get a practice in before the meet. After the practice the group headed to the Peoria running store to be wowed by the most impressive running retail store in the Midwest. While at the store, girls were able to meet and greet nine-time All –American runner Parker Stinson. Later on that night the team ate dinner at the usual spot, Agatucci's, for some of the best pizza around. The night ended with frozen yogurt at Sweet CiCi's. The next morning, November 7th, was the day of the big race. Blaauw and Perry arrived at the park early to warm-up and be greeted by their fans. During this time some impressive races were taking place in the 1A and 2A finals. After getting in some stretches the girls walked up to box 2 in order to get checked in and practice run outs from the line. The gun went off at 1 o'clock on the dot and the race began with a fast trek down the hill towards the first turn. Sophomore Maddie Blaauw finished her race with a 17:57, which is the fastest 3-mile time for a female runner at Joliet West high school. Senior Kiersten Perry ran a 18:39 for her race with a very strong finish. The girls completed their season in the spot every runner hopes to end, the state finals.



"The Miracle is not that I finished, the miracle is that I had the courage to start." -John Bingham