



TIGER TRACKS

The Joliet West Girls' Cross Country Newsletter—For all Your Lady Tiger News!

Volume 1 Issue 5

Next Stop Peoria



The girls at the Tiger's go to spot in Peoria, Agatucci's

This weekend the Joliet West Girls' Cross Country team traveled to Peoria, Illinois for the Richard Spring Classic. For some, Peoria is known for being the largest city on the Illinois river, but for runners, Peoria is known for being the running capital of Illinois. Home to the state cross country course, Detweiller park in Peoria is a magical place that always brings surprises. This weekend many of the girls broke their personal records for the season and in some cases their running career. There is no doubt that all runners that earned the opportunity to run Detweiller this weekend are hoping to face it again come November.

Running Detweiller

The Richard Spring Classic is hosted by Peoria's Notre Dame High School and brings together some of the toughest competition in the state. The Tigers placed 26th out of the 62 teams that were scored. Blaauw (18:35) medaled with a 52nd place finish becoming the first runner for Joliet West that has medaled at Detweiller. Her time beat her previous run of the course last year and is a career PR. Seniors Youell(18:57) and Perry(19:03) were next in for the Tigers placing at 83rd and 90th, respectively. Sophomore Pamela Sanchez(20:46) finished 4th for the team coming in at 275th place. The teams 5th runner was freshman Bella Betlejeski(20:49) who made her debut on varsity and achieved another PR for the year. Runners Newby(21:11.5), Baugh(21:11.6) and Rico(21:11.7) ran in a tight pack throughout the entire race and finished together. Kasprisin (21:27) ran her career PR and senior Rubino(21:45) finished her race hard. Runners Bohanek (21:33), Wascom (22:23) and Campos(23:41) ran in an impressive open race. Bohanek beat her season PR by almost a minute, just seconds away from her career PR and Wascom ran her career PR. The Tigers will continue to work hard and improve each week in order to earn another opportunity to run at the famous Detweiller Park.



Upcoming Events

9/21-9/26 Homecoming week

9/23 Feed My Starving Children

9/25 Lone Star Dine and Donate

9/26 Tinley Park Invite



"When you put yourself on the line in a race and expose yourself to the unknown, you learn things about yourself that are very exciting."