



# TIGER TRACKS

The Joliet West Girls' Cross Country Newsletter—For all Your Lady Tiger News!

Volume 1 Issue 3

## Sophomores Reign

Due to unforeseen weather this weekend the Freshman/ Sophomore girls race was the only one to take place at the 44th annual Rich Dust Invite in Lansing. The team was comprised of all Sophomores and took second place with 72 points barely behind Oswego East with 62 points. Maddie Blaauw(19:04) won the race with a huge lead and beat her previous time on the course by over a minute. This was the trend of the race as Sanchez (21:14), Rico(21:15), Baugh(21:43), Newby(21:19)and Kasprisin(22:43) all beat their previous times from last year's Rich Dust Invite. This was Wascom's(22:32) first time running at Rich Dust. The ladies had a great day and are proud of their second place finish.



Sophomores Blaauw, Rico, Sanchez, Newby, Kasprisin and Wascom after their race. Baugh not pictured.

### Upcoming Events

- 9/8 Twin Day
- 9/9 Open House
- 9/12 Steelmen Invite
- 9/18-9/19 Peoria trip
- 9/19 Richard Spring Invite

## Talented Tigers

Friday, September 4th was the inaugural Joliet West Girls Cross Country Team Talent Show. The team and guests were entertained by Lauren Gratzke and Angela Spencer-Wietting's vocals. MariaAngelica Martinez, Andrea Perez, Kassandra Cazares, Marina Rico, Vyanet Arias, Taylor Sveda and Courtney Rubino wowed the crowd with their dance moves and Abbey O'Brien discussed her talent in sports photography. One Direction's Madasen Kasprisin, Pamela Sanchez, Jessica Newby and Grace Turner did an excellent rendition of "What Makes You Beautiful". Payton Cooley performed a Rocky Horror Picture Show piece that was a crowd pleaser. Special guest Ella Rose sang and danced Taylor Swift's "Shake it Off"! The event was a success and everyone had a stellar time!

*"Running taught me valuable lessons. In Cross country competition, training counted more than intrinsic ability, and I could compensate for a lack of natural aptitude with diligence and discipline. I applied this to everything I did." -Nelson Mandela*



Participants dancing to the Chicken Dance!

## SINGING IN THE RAIN

After the first race of the day Lansing saw thunder and lightening which caused the meet officials to call it a day. No other races took place. The Tigers were bummed about not racing but kept a positive attitude. They are now looking forward to their next competition which will be the Steelmen Invite at Channahon community park. The competition will be tough with teams such as Oswego and Neuqua Valley competing. The Tigers will step it up to meet the demands of this year's Steelmen Invite. Coach Almon stated, "We are excited to see our times improve since pre-conference." Go Tigers!

